

Welcome to
St. Michael's University Church

An inclusive and caring community
in the heart of Isla Vista



Sunday, March 5, 2023
The Second Sunday in Lent

PRELUDE

RINGING OF ISAIAH THE BELL

COLLECT

God is with you.

And also with you.

Let us pray. (The celebrant says the collect, to which the people respond **Amen.**)

WELCOME

SONG

“Woke Up This Morning”

Woke up this morning with my mind standing on Jesus
Woke up this morning with my mind standing on Jesus
Woke up this morning with my mind standing on Jesus
Hallelu- Hallelu- Hallelu- u- jah

Singing and praying with my mind set on freedom
Singing and praying with my mind set on freedom
Singing and praying with my mind set on freedom
Hallelu- Hallelu- Hallelu- u- jah

Walking and talking with my mind set on freedom
Walking and talking with my mind set on freedom
Walking and talking with my mind set on freedom
Hallelu- Hallelu- Hallelu- u- jah

READING: Genesis 12:1-4a

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the Lord had told him; and Lot went with him.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God!**

PSALM: 121 (Read antiphonally by verse)

1 I lift up my eyes to the hills;
from where is my help to come?

2 My help comes from the Lord,
the maker of heaven and earth.

3 God will not let your foot be moved
and God who watches over you will not fall asleep.

4 Behold, God who keeps watch over Israel
shall neither slumber nor sleep;

5 God watches over you;
the Lord is your shade at your right hand,

6 So that the sun shall not strike you by day,
nor the moon by night.

7 The Lord shall preserve you from all evil;
it is God who shall keep you safe.

8 The Lord shall watch over your going out and your coming in,
from this time forth for evermore.

GOSPEL HYMN: "O Lord Hear My Prayer"

○ Lord hear my prayer, ○ Lord hear my prayer
When I call answer me
○ Lord hear my prayer, ○ Lord hear my prayer
Come and listen to me

GOSPEL: John 3:1-17

Leader: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Leader: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

GOSPEL HYMN: "O Lord Hear My Prayer"

SERMON

DIALOGUE

SONG "Windfall" (by Son Volt)

Now and then it keeps you running/ Never seems to die
The trails spent with fear/ Not enough living on the outside
Never seem to get far enough/ Staying in between the lines
Hold on what you can/ Waiting for the end not knowing when

CHORUS:

May the wind take your troubles away
May the wind take your troubles away
Both feet on the floor, two hands on the wheel
May the wind take your troubles away

BRIDGE:

Trying to make it far enough
To the next time zone
Few and far between past the midnight hour
Never feel alone, you're really not alone

Switching it over to A.M./ Searching for a truer sound
Can't recall the call letters/ Steel guitar and settle down
Catching an all night station/ Somewhere in Louisiana
It sounds like 1963/ But for now it sounds like heaven

CHORUS

THE PRAYERS OF THE PEOPLE

With trust and hope, we turn our hearts to God in prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, & bring them the joy of your salvation.
God of Love, hear the prayers of your people.

Guide the people of this land and of all the nations in the ways of justice and peace that we may honor one another and serve the common good.
God of Love, hear the prayers of your people.

For the good earth and for the wisdom to live into our interdependence with all of God's creation.
God of Love, hear the prayers of your people.

For the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference.
God of Love, hear the prayers of your people.

For the good work of this community.
May our roles be uplifted by one another,
as we do healing work in Isla Vista and beyond.
God of Love, hear the prayers of your people.

For what and for whom else would we like to pray today?
(Pause)
For all of these, we pray to God,
God of Love, hear the prayers of your people.

Prayer Collect

The Peace

Announcements

The Offertory: *After the offering, all who are able stand and sing:*
Praise God from whom all blessings flow
Praise God all creatures here below
Praise God above ye heavenly host
Praise Father, Son, and Holy Ghost. Amen.

HOLY COMMUNION

Celebrant The Lord be with you.
People And also with you.

Celebrant Lift up your hearts.
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Loving God. You bid us to cleanse our hearts and prepare with joy for the Paschal feast. Therefore, we praise you, joining our voices with Sarah, Hannah, and Mary; with every nameless and unremembered child of God, and with all the company of heaven, singing:

Celebrant and People sing “Santo, Santo, Santo”

**Santo, santo, santo
Mi corazón te adora
Mi corazón te sabe decir:
“Santo eres, Señor”**

Holy and gracious God:

You made us in your infinite love, and when we turned away from that love, you sent Jesus Christ to share our human nature, to live and die as one of us, and to draw us near to you.

On the night he was handed over to suffering and death, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace. All this we ask through your Son Jesus Christ:

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever. AMEN.

And now, as Christ has taught us, we pray:

**Our God, who art in heaven,
hallowed be thy name
Thy kingdom come, thy will be done
On earth as it is in heaven.
Give us this day our daily bread
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory
For ever and ever. Amen**

The Breaking of the Bread

SILENCE

Celebrant Christ our Passover is sacrificed for us.
People **Therefore let us keep the feast.**

Celebrant The Gifts of God for the People of God.
Everyone is welcome at God's table.

Holy Eucharist

The Body of Christ, the Bread of Heaven. **Amen.**
The Blood of Christ, the Cup of Salvation. **Amen.**

If you want to receive communion, please join us in a circle. If you would like a blessing, place your arms across your chest. If you would like only bread, please raise your left hand. Our communion bread is gluten free.

SILENCE

*Following communion, there will be a period of silence
marked by the ringing of a bell.*

PRAYER AFTER COMMUNION

Please stand if you are able.

Let us pray.

**Eternal God,
you have graciously accepted us
as living members of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.**

BLESSING

SONG “We Shall Not Be Moved”

We shall not, we shall not be moved (REPEAT)
Just like a tree planted by the water
We shall not be moved

On the road to freedom, we shall not be moved (REPEAT)
Just like a tree planted by the water
We shall not be moved

Everyone together, we shall not be moved (REPEAT)
Just like a tree planted by the water
We shall not be moved

SENDING

Go in peace to love and serve the Lord.

Thanks be to God!

POSTLUDE

PLUNGE





ST. MICHAEL'S
UNIVERSITY CHURCH